



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

**Sabitzer, Ralf**

Club: TV Friedrichsfeld  
Number: 462

Course: 6.00 km  
6 km Run

Category:  
Senioren M50 (50-54 Jahre)

Total time: 29:47

Speed: 12.09 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 39 (of 175)

Rank in course/Men: 32 (of 80)

Best time in course: 21:38

Rank in category: 4(of 12)

Best time in the category: 23:55