



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Guilmin, Dennis

Club: Mannheim
Number: 488

Course: 6.00 km
6 km Run

Category:
Männer (20-29 Jahre)

Total time: 30:10

Speed: 11.93 km/h
Running performance: 5:02 min/km

Rank in course/Total: 43 (of 175)

Rank in course/Men: 34 (of 80)

Best time in course: 21:38

Rank in category: 3(of 8)

Best time in the category: 23:10