



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Demmer, Jonathan

Club: Mannheim
Number: 409

Course: 6.00 km
6 km Run

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 33:32

Speed: 10.74 km/h
Running performance: 5:35 min/km

Rank in course/Total: 64 (of 175)

Rank in course/Men: 46 (of 80)

Best time in course: 21:38

Rank in category: 7(of 10)

Best time in the category: 27:19