



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Fränkle, Roland

Club: BuFF
Number: 125

Course: 12.00 km
12 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 44:34

Speed: 16.16 km/h
Running performance: 3:43 min/km

Rank in course/Total: 5 (of 268)

Rank in course/Men: 5 (of 191)

Best time in course: 42:10

Rank in category: 1(of 15)

Best time in the category: 44:34