



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Herrwerth, Oliver

Club: Wald- & Sportkindergarten Mannheim
Number: 436

Course: 6.00 km
6 km Run

Category:
Senioren M40 (40-44 Jahre)

Total time: 36:05

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 93 (of 175)

Rank in course/Men: 58 (of 80)

Best time in course: 21:38

Rank in category: 9(of 9)

Best time in the category: 23:16