



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Tiedtke, Karl

Club: Mannheim
Number: 475

Course: 6.00 km
6 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 37:14

Speed: 9.67 km/h
Running performance: 6:13 min/km

Rank in course/Total: 103 (of 175)

Rank in course/Men: 64 (of 80)

Best time in course: 21:38

Rank in category: 7(of 7)

Best time in the category: 22:51