



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Ziegler, Thomas

Club: Brühl
Number: 102

Course: 12.00 km
12 km Run

Category:
Senioren M45 (45-49 Jahre)

Total time: 46:59

Speed: 15.32 km/h
Running performance: 3:55 min/km

Rank in course/Total: 12 (of 268)

Rank in course/Men: 12 (of 191)

Best time in course: 42:10

Rank in category: 1(of 33)

Best time in the category: 46:59