



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Siebert, Erika

Club: Mannheim
Number: 544

Course: 6.00 km
6 km Run

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 38:35

Speed: 9.33 km/h
Running performance: 6:26 min/km

Rank in course/Total: 116 (of 175)

Rank in course/Women: 48 (of 95)

Best time in course: 24:14

Rank in category: 11(of 16)

Best time in the category: 28:25