



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Hebding, Marion

Club: TV Rheinau 1893
Number: 295

Course: 12.00 km
12 km Run

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 49:00

Speed: 14.69 km/h
Running performance: 4:05 min/km

Rank in course/Total: 20 (of 268)

Rank in course/Women: 1 (of 77)

Best time in course: 49:00

Rank in category: 1(of 18)

Best time in the category: 49:00