



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Janke, Heike

Club: Mannheim  
Number: 574

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 39:42

Speed: 9.07 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 128 (of 175)

Rank in course/Women: 60 (of 95)

Best time in course: 24:14

Rank in category: 6(of 10)

Best time in the category: 27:46