



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Dochow, Stephan

Club: Mannheim  
Number: 166

Course: 12.00 km  
12 km Run

Category:  
Männer (20-29 Jahre)

Total time: 49:36

Speed: 14.52 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 23 (of 268)

Rank in course/Men: 22 (of 191)

Best time in course: 42:10

Rank in category: 7(of 32)

Best time in the category: 42:10