



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Gallego Ferrero, Miguel

Club: Mannheim
Number: 13

Course: 12.00 km
12 km Run

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:09

Speed: 14.36 km/h
Running performance: 4:11 min/km

Rank in course/Total: 26 (of 268)

Rank in course/Men: 24 (of 191)

Best time in course: 42:10

Rank in category: 4(of 21)

Best time in the category: 44:45