



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Demund, Johannes

Club: HANA Boys
Number: 155

Course: 12.00 km
12 km Run

Category:
Männer (20-29 Jahre)

Total time: 51:14

Speed: 14.05 km/h
Running performance: 4:16 min/km

Rank in course/Total: 34 (of 268)

Rank in course/Men: 32 (of 191)

Best time in course: 42:10

Rank in category: 9(of 32)

Best time in the category: 42:10