



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Kaffenberger, Lisa

Club: LT Spiridon Mannheim  
Number: 589

Course: 6.00 km  
6 km Run

Category:  
Frauen (20-29 Jahre)

Total time: 42:24

Speed: 8.49 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 148 (of 175)

Rank in course/Women: 75 (of 95)

Best time in course: 24:14

Rank in category: 14(of 14)

Best time in the category: 30:51