



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

koch-hallas, christine

Club: Mannheimer Wald und Sportkindergarten
Number: 536

Course: 6.00 km
6 km Run

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 42:29

Speed: 8.47 km/h
Running performance: 7:05 min/km

Rank in course/Total: 151 (of 175)

Rank in course/Women: 78 (of 95)

Best time in course: 24:14

Rank in category: 13(of 16)

Best time in the category: 28:25