



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Rudolph, Kati

Club: SV Soprema Mannheim  
Number: 196

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 51:54

Speed: 13.87 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 40 (of 268)

Rank in course/Women: 3 (of 77)

Best time in course: 49:00

Rank in category: 1(of 8)

Best time in the category: 51:54