



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Hillenbrand, Birgit

Club: Running Turtles  
Number: 550

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 42:53

Speed: 8.39 km/h  
Running performance: 7:09 min/km

Rank in course/Total: 153 (of 175)

Rank in course/Women: 80 (of 95)

Best time in course: 24:14

Rank in category: 15(of 17)

Best time in the category: 32:15