



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Sienknecht, Ronja

Club: EKU Mannheim  
Number: 498

Course: 6.00 km  
6 km Run

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 43:30

Speed: 8.28 km/h  
Running performance: 7:15 min/km

Rank in course/Total: 156 (of 175)

Rank in course/Women: 82 (of 95)

Best time in course: 24:14

Rank in category: 1(of 1)

Best time in the category: 43:30