



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Pfister, Ingo

Club: Mannheim
Number: 65

Course: 12.00 km
12 km Run

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:45

Speed: 13.40 km/h
Running performance: 4:29 min/km

Rank in course/Total: 54 (of 268)

Rank in course/Men: 50 (of 191)

Best time in course: 42:10

Rank in category: 9(of 28)

Best time in the category: 42:29