



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Kaiser, Jens

Club: Ludwigshafen
Number: 37

Course: 12.00 km
12 km Run

Category:
Senioren M35 (35-39 Jahre)

Total time: 53:46

Speed: 13.39 km/h
Running performance: 4:29 min/km

Rank in course/Total: 55 (of 268)

Rank in course/Men: 51 (of 191)

Best time in course: 42:10

Rank in category: 4(of 22)

Best time in the category: 43:54