



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Herman, Aquilin

Club: Schifferstadt  
Number: 170

Course: 12.00 km  
12 km Run

Category:  
Männer (20-29 Jahre)

Total time: 54:09

Speed: 13.30 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 57 (of 268)

Rank in course/Men: 53 (of 191)

Best time in course: 42:10

Rank in category: 13(of 32)

Best time in the category: 42:10