



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Holz, Reinhard

Club: Mannheim  
Number: 271

Course: 12.00 km  
12 km Run

Category:  
Senioren M60 (60-64 Jahre)

Total time: 54:43

Speed: 13.16 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 60 (of 268)

Rank in course/Men: 56 (of 191)

Best time in course: 42:10

Rank in category: 3(of 9)

Best time in the category: 48:03