



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Schlage-Seydlitz, Andreas

Club: no time to loose
Number: 112

Course: 12.00 km
12 km Run

Category:
Senioren M50 (50-54 Jahre)

Total time: 55:23

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 62 (of 268)

Rank in course/Men: 58 (of 191)

Best time in course: 42:10

Rank in category: 6(of 23)

Best time in the category: 46:49