



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Troester, Jürgen

Club: Mannheim
Number: 85

Course: 12.00 km
12 km Run

Category:
Senioren M45 (45-49 Jahre)

Total time: 55:31

Speed: 12.97 km/h
Running performance: 4:38 min/km

Rank in course/Total: 64 (of 268)

Rank in course/Men: 60 (of 191)

Best time in course: 42:10

Rank in category: 17(of 33)

Best time in the category: 46:59