



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Dippold, Andreas

Club: Dippolds  
Number: 442

Course: 6.00 km  
6 km Run

Category:  
Senioren M45 (45-49 Jahre)

Total time: 46:15

Speed: 7.78 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 166 (of 175)

Rank in course/Men: 77 (of 80)

Best time in course: 21:38

Rank in category: 12(of 12)

Best time in the category: 23:28