



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Kaiser, Tobias

Club: SV Waldhof 07

Number: 9

Course: 12.00 km

12 km Run

Category:

Senioren M30 (30-34 Jahre)

Total time: 55:34

Speed: 12.96 km/h

Running performance: 4:38 min/km

Rank in course/Total: 65 (of 268)

Rank in course/Men: 61 (of 191)

Best time in course: 42:10

Rank in category: 5(of 21)

Best time in the category: 44:45