



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Dewald, Jens

Club: TSV MA-Schönau
Number: 10

Course: 12.00 km
12 km Run

Category:
Senioren M30 (30-34 Jahre)

Total time: 55:51

Speed: 12.89 km/h
Running performance: 4:39 min/km

Rank in course/Total: 71 (of 268)

Rank in course/Men: 65 (of 191)

Best time in course: 42:10

Rank in category: 7(of 21)

Best time in the category: 44:45