



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Eschelbach, Iris

Club: LG DUV  
Number: 219

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 56:17

Speed: 12.79 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 75 (of 268)

Rank in course/Women: 8 (of 77)

Best time in course: 49:00

Rank in category: 2(of 12)

Best time in the category: 55:36