



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Böhme, Steffen

Number: 11

Course: 12.00 km  
12 km Run

Category:  
Senioren M30 (30-34 Jahre)

Total time: 57:12

Speed: 12.59 km/h

Running performance: 4:46 min/km

Rank in course/Total: 83 (of 268)

Rank in course/Men: 74 (of 191)

Best time in course: 42:10

Rank in category: 10(of 21)

Best time in the category: 44:45