



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Laubach, Thomas

Club: Laufftreff Kocher  
Number: 108

Course: 12.00 km  
12 km Run

Category:  
Senioren M50 (50-54 Jahre)

Total time: 57:28

Speed: 12.53 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 86 (of 268)

Rank in course/Men: 77 (of 191)

Best time in course: 42:10

Rank in category: 8(of 23)

Best time in the category: 46:49