



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Erhard, Thomas

Club: VFB Gartenstadt
Number: 276

Course: 12.00 km
12 km Run

Category:
Senioren M40 (40-44 Jahre)

Total time: 57:31

Speed: 12.52 km/h
Running performance: 4:47 min/km

Rank in course/Total: 89 (of 268)

Rank in course/Men: 79 (of 191)

Best time in course: 42:10

Rank in category: 14(of 28)

Best time in the category: 42:29