



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Heinrich, Michael

Club: SV 98/07 Seckenheim
Number: 263

Course: 12.00 km
12 km Run

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:57

Speed: 12.42 km/h
Running performance: 4:50 min/km

Rank in course/Total: 94 (of 268)

Rank in course/Men: 84 (of 191)

Best time in course: 42:10

Rank in category: 11(of 23)

Best time in the category: 46:49