



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

kaya, azim

Club: Ludwigshafen
Number: 172

Course: 12.00 km
12 km Run

Category:
Männer (20-29 Jahre)

Total time: 58:53

Speed: 12.23 km/h
Running performance: 4:55 min/km

Rank in course/Total: 105 (of 268)

Rank in course/Men: 95 (of 191)

Best time in course: 42:10

Rank in category: 19(of 32)

Best time in the category: 42:10