



6. Karlsternlauf  
Mannheim / 10.06.2012

## Detailed evaluation

**Strohschnitter, Sandra**

Club: Mannheim  
Number: 216

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 59:38

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 113 (of 268)

Rank in course/Women: 13 (of 77)

Best time in course: 49:00

Rank in category: 3(of 18)

Best time in the category: 49:00