



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Immenroth, Torven

Club: The Irons
Number: 55

Course: 12.00 km
12 km Run

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:45

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 130 (of 268)

Rank in course/Men: 113 (of 191)

Best time in course: 42:10

Rank in category: 21(of 28)

Best time in the category: 42:29