



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Seib, Silke

Club: Weinheim
Number: 200

Course: 12.00 km
12 km Run

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:52

Speed: 11.64 km/h
Running performance: 5:10 min/km

Rank in course/Total: 131 (of 268)

Rank in course/Women: 18 (of 77)

Best time in course: 49:00

Rank in category: 4(of 8)

Best time in the category: 51:54