



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

schnell, thomas

Club: lauftreff m4
Number: 79

Course: 12.00 km
12 km Run

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:12

Speed: 11.58 km/h
Running performance: 5:11 min/km

Rank in course/Total: 134 (of 268)

Rank in course/Men: 116 (of 191)

Best time in course: 42:10

Rank in category: 24(of 33)

Best time in the category: 46:59