



6. Karlsternlauf  
Mannheim / 10.06.2012

## Detailed evaluation

**Heuse, Susanne**

Club: Danke Anke  
Number: 287

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:25

Speed: 11.54 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 139 (of 268)

Rank in course/Women: 20 (of 77)

Best time in course: 49:00

Rank in category: 4(of 18)

Best time in the category: 49:00