



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Will, Silke

Club: Soprema Team SV Mannheim
Number: 223

Course: 12.00 km
12 km Run

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:18

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 154 (of 268)

Rank in course/Women: 26 (of 77)

Best time in course: 49:00

Rank in category: 6(of 12)

Best time in the category: 55:36