



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Suzen, Marc

Club: Mannheim
Number: 45

Course: 12.00 km
12 km Run

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:03:31

Speed: 11.34 km/h
Running performance: 5:17 min/km

Rank in course/Total: 159 (of 268)

Rank in course/Men: 133 (of 191)

Best time in course: 42:10

Rank in category: 11(of 22)

Best time in the category: 43:54