



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Zeck, Christoph

Club: Mannheim

Number: 48

Course: 12.00 km

12 km Run

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:03:43

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 160 (of 268)

Rank in course/Men: 134 (of 191)

Best time in course: 42:10

Rank in category: 12(of 22)

Best time in the category: 43:54