



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Otreba, Werner

Club: wownavi.de / MTG Running
Number: 133

Course: 12.00 km
12 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:04:29

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 168 (of 268)

Rank in course/Men: 140 (of 191)

Best time in course: 42:10

Rank in category: 8(of 15)

Best time in the category: 44:34