



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Liesenberg, Meike

Club: Mannheim
Number: 234

Course: 12.00 km
12 km Run

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:05:08

Speed: 11.05 km/h
Running performance: 5:26 min/km

Rank in course/Total: 175 (of 268)

Rank in course/Women: 33 (of 77)

Best time in course: 49:00

Rank in category: 2(of 6)

Best time in the category: 1:00:18