



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Schirmer, Martin

Club: Mannheim
Number: 43

Course: 12.00 km
12 km Run

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:05:43

Speed: 10.96 km/h
Running performance: 5:29 min/km

Rank in course/Total: 184 (of 268)

Rank in course/Men: 147 (of 191)

Best time in course: 42:10

Rank in category: 15(of 22)

Best time in the category: 43:54