



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Bednorz-Knuth, Doris

Club: Luschka + Wagenmann
Number: 205

Course: 12.00 km
12 km Run

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:20

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 194 (of 268)

Rank in course/Women: 41 (of 77)

Best time in course: 49:00

Rank in category: 9(of 18)

Best time in the category: 49:00