



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Gabriel, Michael

Club: LG MuLi
Number: 80

Course: 12.00 km
12 km Run

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:08:06

Speed: 10.57 km/h
Running performance: 5:41 min/km

Rank in course/Total: 213 (of 268)

Rank in course/Men: 165 (of 191)

Best time in course: 42:10

Rank in category: 31(of 33)

Best time in the category: 46:59