



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Sperle, Alexa

Club: Mannheim  
Number: 202

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:09:51

Speed: 10.31 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 217 (of 268)

Rank in course/Women: 49 (of 77)

Best time in course: 49:00

Rank in category: 5(of 8)

Best time in the category: 51:54