



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Binder, Joachim

Club: Mannheim
Number: 164

Course: 12.00 km
12 km Run

Category:
Männer (20-29 Jahre)

Total time: 1:10:03

Speed: 10.28 km/h
Running performance: 5:50 min/km

Rank in course/Total: 219 (of 268)

Rank in course/Men: 169 (of 191)

Best time in course: 42:10

Rank in category: 30(of 32)

Best time in the category: 42:10