



6. Karlsternlauf
Mannheim / 10.06.2012

Detailed evaluation

Plathe-Seeger, Martin

Club: Bad Dürkheim
Number: 142

Course: 12.00 km
12 km Run

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:12:10

Speed: 9.98 km/h
Running performance: 6:01 min/km

Rank in course/Total: 227 (of 268)

Rank in course/Men: 173 (of 191)

Best time in course: 42:10

Rank in category: 8(of 9)

Best time in the category: 48:03