



6. Karlsternlauf  
Mannheim / 10.06.2012

Detailed evaluation

Winter, Manuela

Club: Limburgerhof  
Number: 217

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:15:50

Speed: 9.49 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 236 (of 268)

Rank in course/Women: 60 (of 77)

Best time in course: 49:00

Rank in category: 14(of 18)

Best time in the category: 49:00